Dear all,

As ISQOLS president and chair of the organizing committee, I would like to thank you for your active participation and insightful presentations at our annual conference on happiness and well-being. The exchange of research, ideas, and experiences has not only enriched our collective understanding but also reaffirmed our shared dedication to improving the quality of life for all. Special thanks go to our scientific committee and local organizing committee without whom this event would not have been possible. As we bring this year’s event to a close, we hope to welcome you again next year in Kota Kinabalu in Malaysia (June 25-28, 2024). As warming-up for next year’s conference, we are preparing a special issue on Well-being in Asia in Frontiers in Psychology (all ISQOLS participants are invited to submit). Until then, I wish you safe travels, fruitful research endeavors, and a path filled with joy and happiness.

All the best,

Martijn Burger
President ISQOLS 2023-2024
This year’s conference theme, "Towards a People-First Economy and Society: A World to Win", attracted over 400 participants from 58 countries. Presentations ranged from an array of topics including:

- Happiness Economics
- Wellbeing in the World and in Regions
- Promoting Worker Well-Being in Organizations
- Community Development and Community Well-Being
- COVID-19 and Well-Being
- Promoting Well-Being: Public Policy and Development
- Applied Research in Quality-of-Life
- Qualitative Methods for the Study of Quality-of-Life, Well-Being, & Happiness
- Well-Being in Different Populations
- Well-Being in the World and in Regions, Health and Well-Being
- Big Data and Well-Being
- Beyond GDP: New Understandings and Measures of Progress
- Well-Being, Sustainability and Perspectives for Social Progress, Equity and Well-Being
- Advancement of Quality-of-Life and Well-Being of Children
- Methodological Issues in the Study of Quality-of-Life, Happiness and Well-Being
- Quality of Life and Environment

Conference Lecturers:


Special Keynote Lecture: Ruut Veenhoven (Erasmus University Rotterdam), “Happiness Research: Past and future”

Special Keynote Lecture: Leo Bormans and Qadir Nadery - “When Both Sides Come Together”


*Barbara Frederickson’s video recording of her lecture is available on the conference platform. View here.*
A handful of participants enjoyed a pre-Conference Field Trip: Kinderdijk Windmills UNESCO Heritage Site. 19 Kinderdijk windmills, built in 1700’s to keep water out of the polder, it is the largest concentration of old windmills in the Netherlands and one of the best-known Dutch tourist sites. Thank you to the organizers, Peggy Schyns and Martijn Burger, for arranging the visit!

**Conference Education Grants**

ISQOLS was proud to provide full conference registrations and travel stipends for eight individuals from the following countries: Philippines, India, Brazil, India, Armenia, South Africa, Kazakhstan, and Indonesia

~Grant Recipient Reflections~

“This conference has been an enlightening and transformative experience for me, and I would like to express my deepest gratitude to the organizers and sponsors for making it possible. First and foremost, the knowledge I've gained during this conference has been invaluable. The sessions and presentations were not only informative but also thought-provoking. I had the privilege of listening to experts in their respective fields, and their insights have broadened my horizons and deepened my understanding of quality of life and wellbeing. Furthermore, networking opportunities at this conference were exceptional. I had the chance to connect with peers and professionals from around the world who share my passion and interests. These connections will undoubtedly lead to future collaborations and partnerships that will benefit not only me but also my organization and our shared goals. The interactive workshops and discussions allowed me to engage in meaningful conversations and exchange ideas with fellow attendees. These interactions have sparked new ideas and approaches that I can implement in my work, which will ultimately contribute to the growth and success of my university. Moreover, the cultural diversity present at the conference was a true highlight. Learning about different perspectives and experiences has been eye-opening and has reinforced the importance of global collaboration in our rapidly changing world.” - Yufi Adriani (Indonesia)

“Attending the conference gave me an invaluable experience because I met the experts in well-being studies whose research has been crucial in shaping my academic journey, and whose work was referenced extensively in my Ph.D. thesis. Meeting them in person was inspiring. In fact, I talked extensively with Professor Joe Sirgy about the possibility of a book on well-being in the context of India in the series which he edits. Attending the conference has significantly boosted my academic motivation to explore and expand in this field of study.” - Chinglen Laishram (India)

“It goes without saying how significant the annual ISQOLS conference was. Having attended for the first time in 2023, I was genuinely impressed by the exceptional organization of the event, the quality of the presentations, and, most importantly, the warm reception of a newcomer like myself within the community. At every turn, from coffee breaks to lunches, I encountered kind-hearted individuals eager to hear my thoughts and share their experiences. I want to extend my heartfelt thanks to Lina Martinez and Mariano Rojas for their invaluable support and insights during the session where I presented my work on happiness and indigenous peoples. They inspire me in how to position myself and make an impact in Latin America’s academic and nonacademic environment. I intend to follow their work closely. Another standout moment for me was having the privilege of witnessing the special keynote lecture by Ruut Veenhoven. I’ve been an avid follower of his work for many years and hold him in high regard. Seeing him in person, presenting his ideas and vision in an approachable manner instead of just reading his articles, was a genuinely moving experience. I became an even bigger fan.” - Luciano Sewaybricker (Brazil)
ISQOLS 2023 AWARDS

ISQOLS 2023 Best Dissertation Awards
1st prize: Veronica Vienne “Essays on Well-being and the Environment”.

2nd price (jointly):
Leonie Steckermeier “Autonomy and the good life. Toward a better understanding of the inequality of perceived autonomy and its significance for individual life satisfaction.”
Chris Swerts, “Towards a better understanding of the quality of life of adolescents in youth care: the development of the Quality of Life in Youth Services Scale (QOLYSS)”


ISQOLS 2023 Best Poster Awards
First Prize: The Multidimensional Drivers of Well-Being, Place Attachment, and the (Im)Mobility Decisions of Rural Residents: Empirical Evidence from Germany (Johnson Kansiime and Antje Jantsch)

Second Prize: Work-Family Interference and Life Satisfaction: What Is the Role of Life Goals? (Gamze Ipek, Prof. Sonja Drobnič and Prof. Dr. Klaus Boehnke)

Third Prizes:
Subjective Well-Being of Parents and Childless People at Older Age (Maximilian Tolkamp) -and-
In Diversity we Trust: Experimental Evidence from Europe (Abilio Henrique Beticelli de Freitas and Vincent Teixeira)
ISQOLS 2024 Conference:
Kota Kinabalu, Malaysia
25-28, June 2024

Complete our 2023 conference survey and enter to win a *FREE* 2024 Conference Registration

International Society for Quality-of-Life Studies (ISQOLS)
https://isqols.org/
PO Box 118
Gilbert, Arizona, USA 85299
Email: office@isqols.org